

Module 3 UNDERSTANDING OUR CHILDREN AND THEIR MULTI-CULTURAL WORLD

Session a Sense of Belonging, Importance, and Mutual Respect

Session b New Behavioral Survival Patterns of Youth

Module 3 A

Handout - Characteristics of a Successful Youth

They are caring, empathetic, responsible, honest, and stand up for their beliefs.

Examples: Getting to school on time and doing homework. Caring /empathetic-talking to someone who is being shunned

They possess social skills, set goals, make decisions based on all the facts, they are non violent, they are not prejudiced.

Examples: Youth with ability to control his/her temper when angered. Planning to go to college when finished with High School. Acceptance of different cultures.

They know what they are capable of, they have a good self - image, they have purpose to life, and they are optimistic.

Examples: Youth who look forward to the future. Youth who will attempt any sport or challenge.

They appreciate education, they learn for the sake of knowledge and for their future

Examples: Enjoy going to school..

They use time wisely, i.e., exercise, school, work, family time.

Examples: Are involved with many activities. Spend time with family members.

They know their boundaries, i.e., family guidelines, school rules, expectations of community and culture.

Examples: Follow family rules, curfews/has healthy respect for school rules and community laws.

They feel valued and safe

Examples: Youth who easily expresses love for others and has high self esteem , is comfortable alone or with others.

Their parents and extended family are involved and support them.

Examples: Youth not afraid to bring problems to parents for discussion.

Module 3 A  
Definitions and Examples of  
Belonging, Importance, and Mutual Respect

Directions: On the lines below write a second example of the word which is defined.

**Belonging**            To be part of or in a natural association with something or someone.

Example:            Lionesses hunt in a pack in order to provide food for all pride members.

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**Importance**            The condition or quality of being significant or valued.

Example:            I work hard so that I can earn money. Money has value in my life because it allows me to give things to my family.

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**Mutual Respect**            The feeling of esteem for or honor between two or more people.

Example:            I honor my mother by acting in a manner that she would be proud. My mother honors me by acting in a manner that I can be proud of her.

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## Handout – Mod 3 B Survival Patterns of Youth

### **Negative Survival Patterns**

Anger  
Eating disorders  
Gang membership  
Drugs  
Alcohol  
Becoming an introvert  
Becoming an extrovert  
Violent behaviors  
“Acting out” at school  
Running away  
Lying

### **Positive Survival**

High achievement  
Sports  
Community organizations  
Art  
Writing  
Peer programs  
Church

Negative patterns of behavior are often carried out because they illicit or get attention. Whether it is positive or negative behavior, attention is the goal.

Why do people choose negative patterns? What is the reward?

## Handout – Mod 3 B Means of Compromise

Arbitration – The process by which the parties to a dispute submit their differences to the judgment of an impartial party.

Mediation – The act of mediating, intervention, state of being mediated. The attempt to bring about a peaceful settlement or compromise between disputing nations, people, or parties, through the intervention of a neutral power.

Examples of Compromise:

Family meetings

Discussions

Listing pros and cons of a given situation

Bargaining – if you do this, I will do that.

**Directions:** List an example of compromise you have participated in.