

Session One: Introduction to Health Literacy, Transnational Identity, and Immigrant Stories

One of the primary goals for this study circle is to prepare participants to help their learners develop basic skills and strategies for staying healthy and accessing preventive health information. This Study Circle focuses specifically on lead poisoning prevention and awareness.

During Session One, participants will:

- Develop a shared understanding of the meaning of “transnational identity” and “health literacy”
- Identify language- and literacy-related barriers and issues faced by families who want to engage in lead prevention and screening activities
- Prepare to teach a lesson which taps learners’ own experiences with lead poisoning and the challenges of staying healthy while remaining connected to countries of origin

Time

3 hours

To prepare for Session One

- ✓ Read articles on health literacy (Rudd), transnationalism (Grieshop), and lead poisoning issue (Handley, etal)
- ✓ Review guiding notes and take notes on your reactions
- ✓ Bring appointment book or calendar

Acknowledgements: The Healthy Connection Study Circle series is based on the Health Literacy Study Circle model developed by the National Center for the Study of Adult Learning and Literacy.

Session One Agenda

Introductory Activities (12:00-12:30 minutes)

- Welcome and introductions
- Overview of the *Healthy Connections* Study Circle
- Review of Study Circle Goals, Objectives, and Agenda

Discussion and Analysis Activities (75 minutes)

- Presentation: Lead Poisoning Issues in Monterey County
- Brainstorm: What do we mean by “health literacy” and “transnational identity”? How are these connected?
- Discussion of readings

Break (15 minutes)

Planning Activities (45 minutes)

- Review of ESL lesson “Ana’s story about her chirmolera”
- Prepare to teach the ESL lesson: Q & A
- Review of strategies for finding learner stories
- Supporting MAS’ action research plans

Closing Activities (15 minutes)

- Session One review
- Project Communication: Scheduling individual conference calls, sharing documents, participating in project teleconferences, etc.
- Preview of Session Two workshop and optional reading