

APPENDIX C. Sample lead-focused adult ESL lesson

1. Ana's story about her *chirmolera*



a. Read.

In Mexico I used to grind *chile*, seeds, and spices in a *chirmolera*. But now I use *chirmolera* for decoration only. If I grind *chile*, the chips of clay will get in the food. The food will have lead!

I tell my husband, “Don’t give our children food that is made in these clay pots. It will harm them.” And he says, “What harm? We grew up eating from clay pots.”



This is a chirmolera.

2. Tell and Listen.

Tell your partner 2 things you remember from the story.

3. Language Play.

Listen to your teacher read Ana's story.
Listen again and fill in the words.

a. Write the verbs.

In Mexico I _____ _____ _____ *chirmolera* to grind *chile*, seeds, and spices. But now I _____ *chirmolera* for decoration only. If I _____ *chile*, the chips of clay _____ _____ in the food. The food _____ _____ lead!

b. Write the nouns.

I tell my _____, "Don't give our _____ _____ that is made in these _____ _____s. It will harm them." And he says, "What _____? We grew up eating from _____ _____."

c. Show your answers to a partner.

Do you agree? Check your answers.

4. Challenge: Listening Dictation

Your teacher will read one or two sentences from the story. Listen and write on another piece of paper. Then look at the story to check your answer.

5. Vocabulary: Words I Want to Remember

Choose four words you want to remember from Ana's story. Write them here.

_____	_____
_____	_____

Ask a partner: *Do you know these words?*
Teach your partner a new word.

6. Vocabulary: Brainstorm

Work together as a class. Think of other words about **cooking and preparing food** in your country or in the U.S. Make a list on the board. Share your ideas in English or your native language.

Words about cooking and preparing food

7. Talk and write.

What did you cook or eat **before** in your home country?

What do you cook or eat in the U.S **now**?

What is the same? What is different?

Talk to your partner. Use English or your native language.
Use your ideas to write new sentences.

Before in your country	Now in the U.S.
1. I used to	But now I
2. I used to	But now I
3. I used to	But now I
4. I used to	But now I

6. Share your story.

Do you have a story about change like Ana's story?

Talk about a food tradition you want to keep.

Talk about a food tradition you had to change.

Talk to your partner. Use English or your native language.

7. Ideas for Action: Learning more about lead

a. What should Ana do? What should her husband do?

b. Have you ever done a lead test? What did you find out?

c. Do you want to know more about lead? Write your questions here.
Talk to your classmates. Where can we find information?

8. Learning Log

- a. **Vocabulary and grammar.** Check (✓) the words and sentences you know.
Add more words and sentences if you wish.

Nouns

___ clay pot
___ lead
___ decoration
___ chips
___ food
___ harm

Verbs

___ use
___ grind
___ tell
___ grow up
___ harm

Language for talking about the past and present

___ **I used to** cook with clay pots. **But now I** use them for decoration only.

- b. **Language.** Check (✓) what you can do in English. Add your own ideas.

___ I can talk about food and cooking in my home country.
___ I can talk about changes in the way I eat and cook in this country.
___ I can ask questions about lead.
___ I can tell a story about my life before in my home country.

___ _____
___ _____